

A close-up photograph of a person lying down, receiving a head massage. Two hands are visible, one resting on the forehead and the other on the back of the head. The person has a tattoo on their left shoulder. In the background, a glass perfume bottle and a white bottle of Aquage hair product are on a wooden tray. The text "HYAKUE" is overlaid in large, gold, serif capital letters.

# HYAKUE

A HEAD PILATES EXPERIENCE

AVAILABLE AT

INTUITION 

Our contemporary and rejuvenating technique was first developed by Kaori Okamoto here in Hokkaido over 20 years ago.

This personalised experience combines three main elements:

- 1) Beone water from Mt Himeji in Japan
- 2) massage techniques to eliminate stress, improve circulation and bring you into alignment
- 3) slow and intentional breathing for deeper relaxation and clarity in the mind.



More than just a luxurious treatment, this ritual trains the mind and body to reset quickly during stressful times, rewiring your brain and training your body to eliminate toxins and better manage stress to live longer, happier and healthier.

Our technicians have all been trained directly by Kaori Okamoto and are a culmination of our brand's specialised skills, impeccable standards and extensive experience.

#### HEAVEN'S TOUCH

*(Concentrate on Head to Shoulder)*

60 mins

Please contact guest services to book.

